

ADHD Resources

Psychoeducational Testing

Westhampton Family Psychologists (West End)

River City Psych (West End)

Summit Emotional Health (West End)

BrightSpark Therapy and Consulting (Bon Air)

Stony Point Evaluation & Learning Center (Southwest Richmond/North Chesterfield)

Lifestance (multiple locations)

Piedmont Therapeutic Services (Quinton)

Child/Family Therapists

Courtney Breven, LCSW, Pediatric Associates of Richmond (Three Chopt office)

Ariel Fuller, ATR-BC, Pediatric Associates of Richmond (Short Pump office)

Heather Cole, LPC, Westhampton Family Psychologists (West End)

Jennifer Strickland, Ph.D., Westhampton Family Psychologists (West End)

Bryn Moore, Ph.D., Summit Emotional Health (West End)

Megan Smith Lawson, Ph.D., Summit Emotional Health (West End)

Partners In Parenting (several options)

Lifestance (several options, several locations)

Donna Purcell, Ph.D., Piedmont Therapeutic Services (Quinton)

Katy Webb, LCSW, CAS, Brandy Creek Family Counseling (Mechanicsville)

Occupational Therapy

Ivy Rehab for Kids

Spot On Therapy Group

Prana OT

Books

Taking Charge of ADHD and 12 Principles for Raising a Child with ADHD by Russell Barkley

Smart but Scattered by Peg Dawson and Richard Guare (school psychologist and neuropsychologist, respectively)

Transforming the Difficult Child: The Nurtured Heart Approach by Howard Glasser, M.A. and Jennifer Easley, M.A.

ADHD: What Every Parent Needs to Know by Drs. Mark Wolraich and Joseph Hagan (both pediatricians)

Delivered from Distraction: Getting the Most out of Life with Attention Deficit Disorder by Drs. Edward Hallowell and John Ratey (child and adult psychiatrists)

A Dragon with ADHD: A Children's Story About ADHD by Steve Herman

What Your ADHD Child Wishes You Knew by Dr. Sharon Saline (child psychologist)

Mindful Parenting for ADHD by Dr. Mark Bertin (developmental pediatrician)

The Family ADHD Solution: A Scientific Approach to Maximizing Your Child's Attention and Minimizing Parental Stress by Dr. Mark Bertin